

Summer Lunch Menu 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Soup Pizza Caesar salad Spinach Sliced carrots	Soup Turkey Croissant sandwich Homemade chicken tenders "Gardein" Brand vegetarian chicken Potato chips Mixed veg	Soups Crispitos Fish Picata Yellow rice Peas Salsa & sour cream	Soup Pasta + gluten Meat or plain sauce Lemon chicken breasts Broccoli	Soup Hamburgers, turkey burgers Veggie Burgers Chips Cut corn Cookies
Soup Macaroni & Cheese Baked Chicken Drumsticks Plain noodles Mixed veg	Soup <i>Tacos Bowl</i> - steak, chicken or bean medley Rice Black beans	Soup Baked Ziti Meat ball subs Plain noodles Broccoli	Soup Hamburgers, turkey burgers Veggie burgers Potato salad Country blend veg	Soup Pizza Caesar salad Grilled chicken strips Carrots, Spinach cookies
Soup Homemade breaded chicken breasts "Gardein" Brand vegetarian chicken Mashed potato gravy	Tomato soup Grilled Cheese sandwiches Turkey subs Chips Veg	Soup <i>Asian Rice Bowl</i> Top your fried rice w/ <i>steak, chicken or tofu</i> Steamed veg Veggie gluten free egg rolls	Soup Lemon chicken breasts "Gardein" Brand vegetarian chicken Scalloped potato Veg	Soup Pasta + gluten free pasta Meatballs Plain sauce Broccoli Cookies
<u>Available Daily:</u> <i>All beef Hot dogs, PBJ on each line; Fresh whole fruits Salad bars w/ boiled eggs, tuna, pita, bread, fresh fruit salad etc.</i>	<u>Gluten Free Option</u> <i>Gluten free/hormone free natural grilled chicken breasts available on west & east serving lines</i>	<u>Vegetarian Options</u> <i>We substitute meat with "Gardein" Brand non meat vegetarian alternatives</i>	<u>Additional Options @ Food Court:</u> <u>Offered Mondays & Wednesdays:</u> <i>Rice & black Beans</i> <u>Offered Tuesdays & Thursdays:</u> <i>Baked Russet & Sweet Potato</i>	